

7 December 2005

APPLIED OPTICAL TECHNOLOGIES PLC
("AOT" or "the Company")

Director's Shareholdings

Applied Optical Technologies plc was notified on 6 December 2005 that Natalie Turnage, wife of Mark Turnage, a Director of the Company, had a beneficial interest in 205,000 ordinary shares of 5p each in the Company out of a total of 1,015,000 ordinary shares purchased on 5 December 2005 at a price of 40p per share.

Following this transaction Natalie Turnage has a beneficial interest in 1,070,000 shares in the Company. Mr Turnage's beneficial interest is now 1,421,876 shares representing 2.66% of the issued share capital of the Company.

- Ends -

For further information, please contact:

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