

APPLIED OPTICAL TECHNOLOGIES PLC
3 OCTOBER 2005
DIRECTORS' SHAREHOLDINGS

Applied Optical Technologies plc was notified on 30 September 2005 that Natalie Turnage, wife of Mark Turnage, a Director of the Company, has a beneficial interest in 240,000 shares out of a total purchase of 1,000,000 ordinary shares of 5p each in the Company made on 30 September 2005 at a price of 37p per share.

Following this transaction Natalie Turnage has a beneficial interest in 865,000 shares in the Company. Mr Turnage's beneficial interest is 1,216,876 shares representing 2.28% of the issued share capital of the Company.

Enquiries:

Applied Optical Technologies plc 0191 417 5434
Mark Turnage, Chief Executive (mturnage@AOTgroup.com)
Mike Angus, Finance Director (mangus@AOTgroup.com)

Weber Shandwick Square Mile 020 7067 0700
Nick Osborne

Brewin Dolphin Securities Limited 0113 241 0130
Andrew Emmott