

SCHEDULE 5

BLOCKLISTING SIX MONTHLY RETURN

To: Listing Applications
UK Listing Authority
Financial Services Authority
25, The North Colonnade
Canary Wharf
London, E14 5HS

Please ensure the entries on this return are typed

1. Name of company

APPLIED OPTICAL TECHNOLOGIES PLC

2. Name of scheme

APPLIED HOLOGRAPHICS PLC 1996 UNAPPROVED EMPLOYEE SHARE OPTION
SCHEME

3. Period of return:

From 22/10/03

To 21/04/04

4. Number and class of shares(s) (amount of stock / debt security) not issued under scheme

34,000

5. Number of shares issued / allotted under scheme during period:

NIL

6. Balance under scheme not yet issued / allotted at end of period

34,000

7. Number and class of share(s) (amount of stock / debt securities) originally listed and the date of admission;

149,000 (21/10/1998)

Please confirm total number of shares in issue at the end of the period in order for us to update our records

53,377,008

1. Name of company

APPLIED OPTICAL TECHNOLOGIES PLC

2. Name of scheme

APPLIED HOLOGRAPHICS PLC 1995 APPROVED EMPLOYEE SHARE OPTION SCHEME

3. Period of return:

From 22/10/03

To 21/04/04

4. Number and class of shares(s) (amount of stock / debt security) not issued under scheme

106,000

5. Number of shares issued / allotted under scheme during period:

NIL

6. Balance under scheme not yet issued / allotted at end of period

106,000

7. Number and class of share(s) (amount of stock / debt securities) originally listed and the date of admission;

359,000 (21/10/98)

Please confirm total number of shares in issue at the end of the period in order for us to update our records

53,377,008

1. Name of company

APPLIED OPTICAL TECHNOLOGIES PLC

2. Name of scheme

APPLIED HOLOGRAPHICS PLC 1985 APPROVED SHARE OPTION SCHEME

3. Period of return:

From 22/10/03

To 21/04/04

4. Number and class of shares(s) (amount of stock / debt security) not issued under scheme

NIL

5. Number of shares issued / allotted under scheme during period:

NIL

6. Balance under scheme not yet issued / allotted at end of period

NIL

7. Number and class of share(s) (amount of stock / debt securities) originally listed and the date of admission;

165,000 (21/10/1998)

Please confirm total number of shares in issue at the end of the period in order for us to update our records

53,377,008

1. Name of company

APPLIED OPTICAL TECHNOLOGIES PLC

2. Name of scheme

APPLIED HOLOGRAPHICS PLC 1997 SHARES AVE SCHEME

3. Period of return:

From 22/10/03 To 21/04/04

4. Number and class of shares(s) (amount of stock / debt security) not issued under scheme

10,887

5. Number of shares issued / allotted under scheme during period:

2,259 (lapsed)

6. Balance under scheme not yet issued / allotted at end of period

8,628

7. Number and class of share(s) (amount of stock / debt securities) originally listed and the date of admission;

488,000 (21/10/1998)

Please confirm total number of shares in issue at the end of the period in order for us to update our records

53,377,008

Contact for queries

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